

Monday Night Prayer

God, come to my assistance.

-Lord, make haste to help me.

Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.

Alleluia

PSALMODY

Ant. O Lord, our God, unwearied is your love for us.

Psalm 86

Poor man's prayer in trouble

*Blessed be God who comforts us in all our trials
(2 Corinthians 1:3,4).*

Turn your ear, O Lord, and give answer
for I am poor and needy
Preserve my life, for I am faithful:
save the servant who trusts in you.

You are my God; have mercy on me, Lord
for I cry to you all the day long
Give joy to your servant, O Lord,
for to you I lift up my soul.

O Lord, you are good and forgiving
full of love to all who call
Give heed, O Lord, to my prayer
and attend to the sound of my voice.

In the day of distress I will call
and surely you will reply.
Among the gods there is none like you, O Lord;
nor work to compare with yours.

All the nations shall come to adore you
and glorify your name, O Lord:
for you are great and do marvelous deeds,
you who alone are God.

Show me, Lord, your way
so that I may walk in your truth.
Guide my heart to fear your name.

I will praise you, Lord my God, with all my heart
and glorify your name forever;
for your love to me has been great:
you have saved me from the depths of the grave.

The proud have risen against me;
ruthless men seek my life:
to you they pay no heed.

But you, God of mercy and compassion,
slow to anger, O Lord,
abounding in love and truth,
turn and take pity on me.

O give your strength to your servant
and save your handmaid's son.
Show me a sign of your favor
that my foes may see to their shame
that you console me and give me your help.

*Glory to the Father, and to the Son, and to the Holy Spirit:
as it was in the beginning, is now, and will be for ever. Amen.*
Alleluia.

Ant. O Lord, our God, unwearied in your love for us.

Reading

1 Thessalonians 5:9-10

God has destined us for acquiring salvation through our Lord Jesus Christ. He died for us, that all of us, whether awake or asleep, together might live with him.

RESPONSORY

Into your hands, Lord, I commend my spirit.

-Into your hands, Lord, I commend my spirit.

You have redeemed us, Lord God of truth.

-I commend my spirit

Glory to the Father, and to the Son, and to the Holy Spirit

-Into your hands, Lord, I commend my spirit.

Ant. Protect us, Lord, as we stay awake; watch over us as we sleep, that awake we may keep watch with Christ, and asleep, rest in his peace.

GOSPEL CANTICLE

Luke 2:29-32

Christ is the light of the nations and the glory of Israel

**Lord, now you let your servant go in peace;
your word has been fulfilled:
my own eyes have seen the salvation
which you have prepared in the sight of every people:
a light to reveal you to the nations
and the glory of your people Israel**

**Glory to the Father, and to the Son, and to the Holy Spirit:
As it was in the beginning, is now, and will be for ever. Amen.
Alleluia**

Ant. Protect us, Lord, as we stay awake; watch over us as we sleep, that awake, we may keep watch with Christ, and asleep, rest in his peace.

Prayer

Lord,
give our bodies restful sleep
and let the work we have done today
bear fruit in eternal life.
We ask this through Christ our Lord.

Conclusion

May the all-powerful Lord grant us a restful night and a peaceful death. **-Amen**

Salve Regina

Salve, Regina, mater misericordiae;
vita, dulcedo et spes nostra, salve,
Ad te clamamus, exsules filii Evae.
Ad te suspiramus, gementes et flentes
in hac lacrimarum valle.

Eia ergo, advocate nostra,
illus tuo misericordes oculos
ad nos converte.
Et Iesum, benedictum fructum ventris tui,
nobis post hoc exsilium ostende.
O Clemens, o pia, o dulcis Virgo Maria.